DON’T FLUSH YOUR DRUGS!

Flushing drugs down the toilet is the least desirable of all disposal alternatives. Scientific studies show the chemicals in many drugs can harm aquatic life. Wastewater treatment facilities are not equipped to remove all traces of pharmaceutical chemicals. If you flush your drugs, a portion of those contaminants will reach local waters.

WHAT ABOUT SHARPS DISPOSAL?

Sharps Disposal Locations in Central Contra Costa County

ALAMO
Contra Costa Sheriff’s Substation
150 Alamo Plaza, Suite C

CLAYTON
City of Clayton
6000 Heritage Trail

CONCORD
Concord Disposal Services
4080 Mallard Drive

LAFAYETTE
Lafayette Fire Station
3338 Mt. Diablo Blvd.

MARTINEZ
Mt. View Sanitary District
3800 Arthur Road

MORAGA
Moraga Fire Station
1280 Moraga Way

ORINDA
Orinda Police Dept.
22 Orinda Way

WALNUT CREEK
City of Walnut Creek
1666 North Main Street

QUESTIONS?

For additional information about safe pharmaceutical disposal, please call 1-800-646-1431 or visit www.centralsan.org

Central Contra Costa Sanitary District’s pharmaceutical collection program is provided in partnership with the Contra Costa County Office of the Sheriff; the Cities of Clayton, Concord, Danville, Martinez, Moraga, Orinda, Pleasant Hill, and Walnut Creek; Allied Waste Services of Contra Costa County, Central Contra Costa Solid Waste Authority, and Concord Disposal.
If you’re like most people, you have accumulated quite a collection of prescription and over-the-counter medications—many of which are no longer needed or have expired. Disposing of unwanted medications properly will help to protect your family, your community, and your environment.

- Many children and the elderly are victims of accidental poisonings due to medications in the home.
- More teens abuse prescription and over-the-counter drugs than any illicit drug except marijuana.
- Recent studies have found traces of medications in water samples from 30 states. Research has linked pharmaceutical pollutants to reproductive defects in fish, resistance to antibiotics and the development of drug-resistant germs.

CHECK YOUR MEDICINE CABINET

SAFELY DISPOSE OF UNWANTED MEDICATIONS

Due to legal restrictions, the Household Hazardous Waste Collection Facility in Martinez does not accept medications. Please use the following disposal methods, instead.

1. Check with your pharmacy to see if it offers a take-back program for your non-controlled (non-narcotic) drugs.

2. To dispose of unwanted medications, pour pills into a quart-size sealable plastic bag (recycle the empty containers as appropriate); liquids should be left in their bottles, but still put into a sealed plastic bag to prevent leakage. Dispose of your medications at one of these locations:
   - Town of Alamo, Contra Costa Sheriff’s Substation
     150 Alamo Plaza, Suite C, Alamo
   - Contra Costa Sheriff’s Field Operations Building
     1980 Muir Road, Martinez
   - County Regional Medical Center
     2500 Alhambra Ave., Martinez
   - Town of Danville, Police Department
     510 La Gonda Way, Danville
   - City of Lafayette, Police Department
     3675 Mt. Diablo Blvd., Suite 130, Lafayette
   - City of Martinez, Police Department, City Hall
     525 Henrietta Street, Martinez
   - Town of Moraga, Police Department
     329 Rheem Blvd., Moraga
   - City of Pleasant Hill, Police Department
     330 Civic Dr., Pleasant Hill
   - City of Walnut Creek, Police Department, City Hall
     1666 North Main St., Walnut Creek

Contact drop-off locations directly for hours or access restrictions that may be in place.

Do not dispose of syringes or needles with medications. Seal bottled liquids in a plastic bag to prevent spills.

3. If you are unable to take your medications to one of the above drop-off locations, AS A LAST RESORT you may put them in the trash:
   - Take them out of their original containers
   - Put them in a sealable container (plastic bag or coffee can)
   - Mix in a little water and an undesirable substance (such as used coffee grounds or kitty litter)
   - Seal the container; put it in the trash
   - Black out personal information from prescription labels before putting medication containers in the recycling bin or trash